



2011 "GARDEN STATE CUP XV"

Taekwondo Championships

Sunday, November 06, 2011

Ridge High School Gymnasium, Basking Ridge, NJ

September 30, 2011

Dear Masters, Instructors, Athletes, and Parents,

As the dust starts to settle from the September rush and the back-to-school frenzy, it is also time to regroup and recondition our athletes for a successful fall competition season.

It gives us great pleasure to extend an invitation to you and your students to participate in the upcoming **2011 Garden State Cups XV**. This year, we are celebrating our fifteenth year of what has now become a fall tradition, the Garden State Cups. In the last fourteen years, Garden State Cup has blazed a long trail of venues that started at the Elizabeth High School, to St. Peter's College, then to New Jersey City University, then out to Rahway Recreation Center, then last year, we continued moving west to Edison to Wardlaw-Hartridge. This year, we are excited to present this time honored event in a state of art sports facility of **Ridge High School** in Basking Ridge, NJ. We are confident that you and your students would enjoy even a greater level of quality, competition experience, as we tirelessly work towards further developing Garden State Cup to a wider region of participation.

Our organizing committee meets continuously throughout the year to research and develop the competition to enhance both athlete and spectator experience, and this year we have been able to form many valuable partnerships with local and regional masters and globally recognized companies that we feel would enrich all participants across the board.

We have also taken your suggestions and weighed-in on the benefits of some and put others aside for further development, and from your popular requests, we have included few more breaking events: **height, distance and power kick breaking events**. Taekwondo competition does not have to center around the sparring event, the spirit of competition comes from the sweat and hard work of every athlete, who are brave and bold to step onto that competition floor and demonstrate, confidence, integrity, perseverance, and pure sportsmanship, which are the true teachings of taekwondo. To uphold these qualities of athleticism, we are constantly working to develop and uphold a safe, fair play, and fair judging standards. The organizing committee has again approved the usage of LaJust Electronic Body Protectors and the LaJust Scoring System to score the adult black belt sparring events.

We invite you to join us at **Ridge High School on November 6, 2011** and become part of a fall taekwondo tradition. Please take some time to read over the enclosed package and call us if you need assistance or if you have any questions, please do not hesitate to call us.

We look forward to seeing you at the **Garden State Cup XV**.

Sincerely,

Grand Master Ji Ho Choi
Hosts & Director
"GARDEN STATE CUP XV"